



St. Anne's

Primary School

60 KNEES ROAD, PARK ORCHARDS, VICTORIA 3114

POLICY: SUNSMART

RATIONALE:

A sun protection policy encourages schools to minimise the danger of excessive UV radiation exposure for both staff and students to ensure a healthier environment with long term health benefits.

AIMS:

- To implement the St Anne's SunSmart Policy throughout the year with particular emphasis in Term One and Term Four

IMPLEMENTATION:

- Our school is a Registered SunSmart School. St. Anne's is expected to follow the Be SunSmart recommendations.

<http://www.cancer.org.au/preventing-cancer/reduce-your-risk/be-sunsmart.html>

- Children will be required to wear Anti-Cancer Council approved close-weave broad brimmed or bucket hats during Terms One and Four whenever they are outside
- During Terms 3 and 4 children will be required to wear Anti-Cancer Council approved close-weave broad brimmed or bucket hats when the UV index is forecast to reach 3 or above.

reference;

<http://www.cancer.org.au/preventing-cancer/sun-protection/uv-alert/>

- On days where the UV index is 3 or above students are strongly encouraged to apply sunscreen, before school, however Sunscreen is available in each classroom for student and teacher use and application should be encouraged before outdoor activity.

- Teachers will not apply sunscreen on children, however teachers will instruct children to apply sunscreen prior to leaving the classroom for play and lunch.
- Sunscreen will be kept near the classroom door to ensure it is visible and accessible to students and staff
- The First Aid Officer provides SPF 30+ (or higher) broad-spectrum, water resistant (4 hour duration) sunscreen for staff and student use
- Staff will act as role models by also wearing broad brimmed or bucket hats when outside consistent with the guidelines for children.
- Children without broad brimmed or bucket hats will be restricted to play in designated shaded areas under the verandahs or in the gazebo
- SunSmart behaviours are reinforced in a positive way through activities in the classroom, the newsletter and school assemblies. In planning of all outdoor events including physical education classes, sport sessions/events, excursions, camps and any outdoor activities, the SunSmart Policy is to be reflected
- On free dress days, students will be encouraged to use sunscreen to cover exposed areas. However, it is the parent's responsibility to ensure appropriate clothing is worn on hot days. Students who are not appropriately dressed will only be able to play in shaded areas
- Whenever possible, outdoor activities are scheduled before 11.00am and after 3.00pm during Terms One and Four on hot days
- Outdoor activities are held in areas with plenty of shade whenever possible when the forecast UV index is 6+.
- The school will regularly review the availability of sheltered areas and ensure that this policy forms part of the overarching strategies adopted by the Capital Works and Maintenance Committee
- Students who walk to and from school are encouraged to wear a hat
- When the temperature reaches 35 degrees Celsius the children will have an indoor play time

EVALUATION:

The SunSmart Policy will be reviewed every four years or when necessary by ensuring that the policy reflects updated guidelines.

This policy was reviewed in 2016

The next review will be in 2020

References: SunSmart Early Childhood & Primary Schools

<http://www.sunsmart.com.au/communities/early-childhood-primary-schools>